

**Press Release** Source: Changing Times Vitamins, Inc.

## Rocky Mountain Sports to Distribute RecoveryX Sports Drink

SCOTTSDALE, Ariz., June 12, 2009 (GLOBE NEWSWIRE) -- Changing Times Vitamins, Inc. (Pink Sheets:[SGTB](#) - [News](#)) announced today that they have come to an agreement with Rocky Mountain Sports, Inc., Louisville, Co., for distribution of RecoveryX throughout their extensive coverage of Tennis Clubs, Pro Shops and the racquet sports industry.

Rocky Mountain Sports, (RMS), serving the Tennis Community for over 30 years, has over 10,000 accounts and is one of the largest and oldest distribution companies in the racquet sports industry. Along with carrying RecoveryX, RMS distributes major brands such as Adidas, Wilson, Head, and Prince. The RMS customer base has over 10,000 accounts, including virtually every tennis shop in the country, 500+ high schools, along with many college tennis programs.

### ABOUT CHANGING TIMES VITAMINS, INC.

Changing Times Vitamins, Inc., is a supplement company with a line of products primarily geared to the health and energy sectors. RecoveryX is an all-natural recovery drink targeting athletes and people with active life styles. RecoveryX contains a patent pending algae extract that has been clinically tested in humans and animals.

Except for any historical information, the matters discussed in this press release contain forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. These forward-looking statements involve risks and uncertainties. A number of factors could cause actual results to differ from those indicated in the forward-looking statements. Such statements are subject to a number of assumptions, risks and uncertainties. Readers are cautioned that such statements are not guarantees of future performance and those actual results or developments may differ materially from those set forth in the forward-looking statements. The company undertakes no obligation to publicly update or revise forward-looking statements, whether as a result of new information or otherwise.

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