

UFC Fighter Marcus "Maximus" Aurelio Signs Contract to Represent Changing Times Vitamins Sports Drink, RecoveryX

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SCOTTSDALE, Ariz.--(BUSINESS WIRE)--Changing Times Vitamins, Inc. (Pink Sheets:[SGTB](#) - [News](#)), announced today the signing of Ultimate Fighting Championship (UFC) fighter Marcus Aurelio as a spokesperson for RecoveryX, an energy/sports drink that contains a clinically tested algae extract which has been shown to reduce edema (swelling/ inflammation) and which may support a compromised immune system. Aurelio's next fight will be this Saturday, October 25, 2008, at 10 PM EDT on UFC Pay-Per-View against Hermes Franco. Aurelio joins baseball superstar Manny Ramirez and World Strongman Competitor Kevin Knee in the RecoveryX camp.

Marcus Aurelio stated: "I've been using RecoveryX, and it has been great in my training. I'm happy to be part of the RecoveryX Team."

The company is also offering a "Marcus Aurelio" special discount of an additional 10% off all orders through November 1, 2008. Go to www.RecoveryX.com for details.

About RecoveryX

RecoveryX contains a patent pending algae extract that has been clinically tested in humans and animals. Intense exercise can cause swelling and suppress the immune system for several hours, thus potentially increasing an athlete's risk of contracting infections and hampering recovery. The active ingredient in RecoveryX has been shown to reduce edema (swelling) and may support a compromised immune system. RecoveryX may help promote more rapid recovery from sports, exercise, and other physical activity. Made from a variation of unique fresh water algae, RecoveryX contains no empty calories, caffeine or sugar that may cause a quick rush followed by a debilitating crash, and has been shown to have no side effects. For more information, please log on to <http://www.RecoveryX.com>.

Changing Times Vitamins, Inc., headquartered in Scottsdale, Arizona, is developing a network of synergistic divisions with the primary focus on proprietary Natural Health & Fitness Products, technology for Athletes' Community Web Sites, Sports Event Promotions and Total Body Fitness-Oriented Health Clubs. Its objective is internal development of these divisions in which it can add significant shareholder value by leveraging the Changing Times Vitamins collective knowledge and marketing resources into a successful sports-oriented venture. Combined management has extensive expertise in Investment Banking, Advertising, Natural Product Development/Sales and Marketing, Web Site Technology and Health and Fitness.

Except for any historical information, the matters discussed in this press release contain forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. These forward-looking statements involve risks and uncertainties. A number of factors could cause actual results to differ from those indicated in the forward-looking statements. Such statements are subject to a number of assumptions, risks and uncertainties. Readers are cautioned that such statements are not guarantees of future performance and that actual results or developments may differ materially from those set forth in the forward-looking statements. The company undertakes no obligation to publicly update or revise forward-looking statements, whether as a result of new information or otherwise.

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