

Press Release

Source: Changing Times Vitamins, Inc.

## Coors of Las Vegas Becomes New Distributor of RecoveryX

Thursday October 30, 8:30 am ET

SCOTTSDALE, Ariz., Oct. 30 /PRNewswire-FirstCall/ -- Changing Times Vitamins, Inc., (Pink Sheets: [SGTB - News](#)) announced today the Coors of Las Vegas has become a distributor for its primary product, RecoveryX, a sports drink that contains a clinically tested, patent pending algae extract that has been shown to reduce edema (swelling/inflammation) and could support a compromised immune system. The beverage has no empty calories, caffeine or sugars, unlike other energy drinks that often lead to a debilitating crash after providing a quick rush.

Coors of Las Vegas is a leader in the wholesale distribution of beverages, with a mission to continually improve sales and service to meet suppliers' and customers' needs. Coors sells only premium and regional brands through a highly trained and specialized organization. About 60 to 70 percent of the companies' business is with hotels, casinos and restaurants.

RecoveryX contains a patent pending algae extract that has been clinically tested in humans and animals. Intense exercise can cause swelling and suppress the immune system for several hours, thus potentially increasing an athlete's risk of contracting infections and hampering recovery. The active ingredient in RecoveryX has been shown to reduce edema (swelling) and may support a compromised immune system. RecoveryX may help promote more rapid recovery from sports, exercise, and other physical activity. Made from a variation of unique fresh water algae, RecoveryX contains no empty calories, caffeine or sugar that may cause a quick rush followed by a debilitating crash, and has been shown to have no side effects. For more information please log on to <http://www.RecoveryX.com>.

RecoveryX is represented by an outstanding promotional group including 12 time All Star baseball great Manny Ramirez, Worlds Youngest Strongman competitor Kevin Knee, and spinach loving cartoon character Popeye the Sailor Man. Each of these athletes are users of RecoveryX and were prior to joining the RecoveryX Team.

Changing Times Vitamins, (SGTB-PK) headquartered in Scottsdale, Arizona, is developing a network of synergistic divisions with the primary focus on proprietary Natural Health & Fitness Products, technology for Athletes Community Web Sites, Sports Event Promotions and Total Body Fitness oriented Health Clubs. Its objective is internal development of these divisions in which it can add significant shareholder value by leveraging the CTVX's collective knowledge and marketing resources into a successful sports oriented venture. Combined Management has extensive expertise in Advertising, Natural Product Development/Sales and Marketing, Web site technology and Health and Fitness.

Except for any historical information, the matters discussed in this press release contain forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. These forward-looking statements involve risks and uncertainties. A number of factors could cause actual results to differ from those indicated in the forward-looking statements. Such statements are subject to a number of assumptions, risks and uncertainties. Readers are cautioned that such statements are not guarantees of future performance and those actual results or developments may differ materially from those set forth in the forward- looking statements. The company undertakes no obligation to publicly update or revise forward-looking statements, whether as a result of new information or otherwise.

Contact Info: Brian Jensen  
[info@recoveryx.com](mailto:info@recoveryx.com)  
480-385-3855

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